



2024 Stoddard Polar Bear Plunge Invitational

Hosted by Monte Sano
June 1, 2024

This meet will be conducted under the auspices of the Rocket City Swim League (RCSL). RCSL technical rules and regulations will be followed with the exception of items specifically addressed in the meet information. Sanctioned by RCSL.

HOSTED BY: Monte Sano Swim Club MAKOS ([MNSO](#))

LOCATION: Monte Sano Pool - 3609 Georgetta Dr. SE, Huntsville, Alabama 35801

FACILITIES: POOL - One outdoor 7-lane; 25-meter competition pool. Non-turbulent lane lines. *Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.*

SPECTATORS: Green space adjacent common area will be available for swimmers and spectators. Space may be available for pop-up tents. Chairs will be allowed on deck (such that they do not interfere with conduct of meet).

CONCESSIONS: Will be available.

COACHES: A coaches' meeting will be held Saturday at 8:45 AM near the score table.

RULES: The RCSL ROC will govern the conduct of the meet unless otherwise noted.

OFFICIALS: Meet Director: Greg Wright (256-682-2521)
Greg.wright@outlook.com

Meet Referee:

Note: Visiting judges are welcome and encouraged to assist. Please notify Greg Wright if you are interested in working. There will be an officials meeting at approximately 8:30AM.

Admin Officials: Greg Wright

ELIGIBILITY: A swimmer's age on the first day of the meet will determine his or her age for the entire meet. Age groups for competition are: 8 & Under, 9-10, 11-12, 13-14, 15-17. The meet may be limited to the first 500 swimmers.

SAFETY: In the interest of safety and accident prevention, coaches and swimmers must observe all posted pool rules and to conduct themselves in a safe and prudent manner. Please be advised that the depth of the water at the shallow end of the pool is 3 feet minimum. Please caution your swimmers about the water depth.

WARM UP: The meet director will post and announce the warm-up assignments prior to the start of the meet warm-up. Racing Dives will only be allowed during the last 10 minutes of warm-up session with swimming allowed in one direction. Each team must have at least one coach present.

PARKING: Parking will be available at Monte Sano United Methodist and Monte Sano Baptist Church's for the meet. Drop off will be permitted through the pool parking lot. There will be marked pathway to walk from either parking lot without crossing of any major streets. There will be limited parking at the pool with reserved spots for officials and volunteers for the meet. This will NOT be through the personal yards between the churches and pool, but along side streets.

STARTING TIMES:

Saturday; June 1, 2024:

Warm-up: 8:00 AM
Competition: 9:15 AM

ENTRY FEES: \$2.00 per individual event
\$2.00 per individual swimmer (Facility Fee)

NOTE: All entry fees are non-refundable (unless cancellation for rain in which case in which case only Facility Fee will be non-refundable).

ENTRIES: Swimmers may enter no more than four (4) individual events. The meet may be limited to the first 500 swimmers.

If an entry error is due to an **MNSO** error, the swimmer will be entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire event will not be re-seeded.

Entries will be required in HYTEK'S TEAM MANAGER export (and BackUp) format and e-mailed to greg.wright@outlook.com. See below for the deadline for emailed entries. Meet results will be e-mailed to the address entries are sent from as well as posted on the RCSL website.

ENTRY DEADLINE: All entries must be received by May 30, 2024 at noon. Entry fees including surcharges must be received by the entries chairperson by beginning of met. Teams should coordinate payment to each team and then one check submitted to Monte Sano from each Club. Please make checks payable to **Monte Sano Club**.

Once entries are received, a psych sheet will be emailed out to coaches for verification.

Meet entry fees and facility fees should be mailed prior to meet if possible to:

Greg Wright
3022 Thompson Circle
Huntsville, AL 35801
Tel: (256) 682-2521
Greg.wright@outlook.com

DISABILITIES: Swimmers with disabilities are welcome. Please inform the meet director or meet referee of any accommodation requests.

MEET FORMAT: This is a timed finals meet. All events will be pre-seeded. A bull-pen/clerk of course will be utilized for this meet. Swimmers are responsible for arriving at the bullpen in time for their registered events.

SPECIAL NOTE: Should there be any question; **MEET OFFICIALS** will recognize **ONLY** coaches or their designated representatives. The Referee reserves the right to combine heats and/or events.

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** entered in the invitational are registered and entered into the meet in accordance and subject to RCSL ROC Swimming Rules and Regulation:

I also acknowledge that I am familiar with the rules of RCSL regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Monte Sano Swim Club and Rocket City Swim League, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

I

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION FOR MNSO MEET:

CLUB NAME:		INITIALS:	
ADDRESS:			
		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:	CELL PHONE:	EMAIL:	
COACHES ATTENDING:	NAME		
	1.		
	2.		
	3.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:			
		TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:		X \$2.00 SWIMMER FEE =	
NUMBER OF IND. EVENTS:		x \$2.00 PER EVENT ENTRY FEE =	
TOTAL DUE:			

STODDARD POLAR BEAR PLUNGE Invitational Meet:**Order of Events****SATURDAY, June 1, 2024**

WARM-UP: 8:00 am		COMPETITION: 9:15 am
WOMEN:	EVENT:	MEN:
1	Mix 100 Fly	1
3	8 & U 25 Fly	4
5	9 & 10 50 Fly	6
7	11 & 12 50 Fly	8
9	13 & 14 50 Fly	10
11	15 – 17 50 Fly	12
13	Mixed 100 Breaststroke	13
15	8 & U 25 Breast	16
17	9 & 10 50 Breast	18
19	11 & 12 50 Breast	20
21	13 & 14 50 Breast	22
23	15 – 17 50 Breast	24
BREAK (IF NEEDED)		
29	Mixed 100 IM	29
31	Mixed 100 Backstroke	31
33	8 & U 25 Back	34
35	9 & 10 50 Back	36
37	11 & 12 50 Back	38
39	13 & 14 50 Back	40
41	15 – 17 50 Back	42
43	Mixed 100 Freestyle	43
45	8 & U 25 Free	46
47	9 & 10 50 Free	48
49	11 & 12 50 Free	50
51	13 & 14 50 Free	52
53	15 – 17 50 Free	54